

**Please join us for an interactive learning experience about Osteoporosis, Fractures & Frailty.**

An opportunity to learn more about:

- **Osteoporosis & Frailty**
- **Fracture Prevention for Long-Term Care Residents**
- **Exercise for bone health, fall & fracture prevention**
- **Medications In Osteoporosis Treatment**
- **Diet for optimal bone health**
- **Fracture Risk Scale**
- **Fracture Screening & Prevention Program**

**Who should attend?**

This workshop event will be of interest to front line health care providers (PSWs, Nurses, NPs, Family Physicians, allied health professionals, volunteer's etc. in all health care sectors and caregivers).

**Workshop cost** (includes lunch)

**Member: \$50.00**

**Non-member: \$75.00**

**Deadline for registration is**

**Monday May 27, 2019**

## **The Grey Bruce**

### **Geriatric**

## **Education Cooperative**

#### **VISION:**

*The Geriatric Education Cooperative strives to develop a community of service providers, caregivers and advocates who have the knowledge and skills to serve our multicultural geriatric population within an evidence informed model of service delivery.*



**GREY BRUCE GERIATRIC  
EDUCATION COOPERATIVE**

**“QUALITY EDUCATION**

**CLOSE TO HOME”**

753 2nd Avenue East,  
Owen Sound, ON  
N4K 2G9

Phone: 519-376-7230  
1-800-265-9013  
Fax: 519-376-2428



**GREY BRUCE GERIATRIC  
EDUCATION COOPERATIVE**



## **Osteoporosis, Fractures & Frailty**

Wed. June 5<sup>th</sup>, 2019

#### **Presenters:**

**Dr. Sid Feldman**

**Dr. Wendy Ward**

**Dr. Lora Giangregorio**

**Mary-Lou van der Horst**

**Julie Diaz**

**Rosemary Killeen**

Best Western Inn on the Bay  
800 2nd Ave E, Owen Sound, ON N4K 5R1

Time: 8:45 am - 4:00 pm  
(Registration at 8:00 am)

**\*Dr. Sid Feldman** is an Associate Professor & Coordinator, Care of the Elderly Program in the Dept. of Family and Community Medicine, University of Toronto & Family Physician affiliate with North York FHT.

**\*Dr. Wendy Ward** is a Professor, Kinesiology a Canada Research Chair in Bone & Muscle Development at Brock University. Wendy is a nutritional scientist whose team studies how diet can support bone health.

**\*Dr. Lora Giangregorio** Professor in the Dept. of Kinesiology at University of Waterloo a Schlegel Research Chair in Mobility & Aging. She leads the Bone Health & Exercise Science Lab (BonES lab).

**Mary-Lou van der Horst** is an assistant clinical professor with the School of Nursing at McMaster. She is committed to improving fracture prevention and osteoporosis care in long-term care.

**Rosemary Killeen**, is Director, Distance Education & Continuing Professional Development, School of Pharmacy, University of Waterloo and is a part-time clinical pharmacist at the Kitchener Downtown CHC.

**Julie Diaz** is the Ontario Osteoporosis Strategy, Fracture Prevention Coordinator for the Fracture Screening & Prevention Program in Grey Bruce.

\*Committee members of Osteoporosis Canada's Scientific Advisory Council

## Agenda

**8:45 Welcome**

**9:00 Keynote: Dr. Sid Feldman**

**10:15 Break with VON Smart program**

**10:45 Dr. Wendy Ward**

**11:30 Dr. Lora Giangregorio**

**12:30 Lunch & exhibits**

**1:30 Mary-Lou van der Horst**

**2:15 Break with VON SMART program**

**2:45 Julie Diaz**

**3:00 Rosemary Killeen**

**3:45 Wrap up**

### Are you a member?

Check before you register. If you are a GEC member or work for an employer who is a corporate GEC member you are entitled to the members' registration rate of \$50.00.

**Please remember.....Be environmentally wise, be fragrance free, dress in layers, carpool.... Thank you!**

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*"I have seen far too many patients experience the devastating effects of fracture in the long term care setting and hope to reduce the pain and suffering associated with osteoporosis and fractures."*

*Dr. Sid Feldman*

## Registration for June 5, 2019

Please Print

Name: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Organization: \_\_\_\_\_

**\$50.00** Personal Member

Corporate Member

**\$75.00** Non-member

**Registration is not complete until full payment is received.**

Cheques payable to: **The Grey Bruce Geriatric Education Cooperative.**

**Must pre-register!**

**\*No registration at the door.**

**\*No refunds after May 27, 2019**

Cheque  Cash  Visa  Master Card Credit Card #:

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Expiry date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Fax this registration to:**

**519-376-2428** or mail to:

**Geriatric Education Cooperative,  
753 2nd Ave East, Owen Sound,  
On., N4K 2G9.**

Receipt required? Personal   
Workplace

Make receipt out to -

Name: \_\_\_\_\_

Email: \_\_\_\_\_

**\*\* Email required to receive certificate of attendance\*\***