



Osteoporosis Canada

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## **Public Lecture**

**Topic: Calcium, Protein, Vitamin D  
and Bone Health**

**Speaker: Sidney Massey, MPH RD  
Director of Nutrition Education  
BC Dairy Foundation**

**Time: Tuesday, September 27, 2011  
7:00 PM**

**Place: Seniors Centre  
Kerrisdale Community Centre  
5851 West Boulevard**

**free admission, no registration**

**Contact: 604-731-4755, 604-224-5063, or 1-800-463-6842**

**Sponsored by Osteoporosis Vancouver/Kerrisdale Branch**