

# OSTEOPOROSIS and FRACTURE PREVENTION in Long-Term Care

## NEW DATES



### SESSION 1: GET THE FACTS

**Tuesday, February 17, 2009: 2:30 – 3:15 pm**

Discussion of the facts and statistics on osteoporosis and fractures in long-term care and a review of the newly released National Report Card on Osteoporosis from the Canadian Osteoporosis Society. Find out how we're doing in Ontario and long-term care.

### SESSION 2 MAKING IT PART OF YOUR FALLS PROGRAM

**Tuesday, March 10, 2009: 2:30 – 3:15 pm**

There is a significant connection between osteoporosis, fracture prevention and falls. Discussion of how to make the connection between osteoporosis / fracture prevention / falls so that residents benefit from osteoporosis and fracture prevention strategies within long-term care falls programs. Bone health protection strategies will be discussed.

### SESSION 3 PUTTING IT ALL TOGETHER

**Tuesday, March 24, 2009: 2:30 – 3:15 pm**

We will take a look at a typical resident situation in long-term care and discuss how you might implement some of the bone health protection strategies. There will be opportunity to share what you've done in your LTC home to improve bone health and reduce the risk of osteoporotic fractures. Discussion of what resources and tools are available for the long-term care sector.

For more info

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### To register:

The online registration form is here:

[https://www.surveymonkey.com/s.aspx?sm=2Nb\\_2fr4gxKiqqWsPLGdFkeg\\_3d\\_3d](https://www.surveymonkey.com/s.aspx?sm=2Nb_2fr4gxKiqqWsPLGdFkeg_3d_3d)

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